**20-0119 The Alpha Woman**

**Notes of Atori Alo Yansa**

**Matthew 1:1-6 Read**

**Look at those women in the genealogy of Jesus Christ. Mighty women who carried us into a new world of humanity. Women who were not afraid to lead yet did so with humility, simpleness, humbly, following the flow of the Spirit.**

The Alpha woman is a character, a nature in all of us, she has surrendered her self to be all things in this world of Love Divine. She is a creator that has broken down the middle wall of partition and enjoined her self with her other self, the Alpha male. That new nature has attained the true reality of overcomer. ~AAY~

**The Alpha women of Genesis: Eve, Noah’s wife, Sarah, Rebecah, Rachel, Tamar, Azeneth.**

**7 Admirable Reasons Why Alpha Women Fight For What They Deserve In Life**

## ****Alpha women overcome every challenge that was meant to crush them.****

They are not afraid to fight for what they believe in. That’s what makes them truly admirable.

These extraordinary women never tolerate anyone who underestimates their character. Instead of letting the day run them, they are the ones running the day.

Alpha women are one of the most significant forces that drive the frequencies of the world and universe for the better. They are the spark that lights the fire of change and progress. Follow the patterns of the Spirit and you will see this.

**Matthew 1: Women in the genealogy recognized by Matthew!**

1:3 – **Tamar** – Judah – Perez & Zerah

1:5 Salmon was the father of Boaz by **Rahab**, Boaz was the father of Obed by **Ruth**, and Obed the father of Jesse, the father of King David.

1:6 David was the father of Solomon by **Bathsheba**

**Tamar, Rahab, Ruth, Bathsheba.**

## ****Here are 7 powerful traits of alpha women that make them outstanding.****

### ****1. Alpha women know exactly who they are. Deborah – Leader of Israel****

**Knowing their worth** is what makes them invincible. They are completely self-aware, alpha women know who they are and what they want from life. A strong woman will never hesitate to fight for what she deserves. She is confident and fearless in the face of any challenge life brings her.

### ****2. Strong women build the life they deserve. Abigail, David’s Wife.****

As they are fully aware of what they are capable of, strong alpha women know what they need to do to **create the perfect life for themselves. They will stop in front of nothing until they achieve their goals.**

What’s more, they are constantly thriving for progress and self-improvement. This is what drives them to continue following their dreams, and makes them believe nothing is impossible.

### ****3. They make the first move. – Jael – lured Sisera into the tent and drove a nail into his head.****

Alpha women know their time is too valuable to be wasted on waiting for someone to make the first move. That’s why they make it. They don’t wait for the right moment or for the other person to make their mind up. Strong women go for what they want in life, and they don’t hesitate to make the first step. They know that life is too short, so they need to go for it if they want to achieve their goals.

### ****4. Alpha women are**** [not afraid to be alone](https://iheartintelligence.com/emotionally-strong-woman-rather-spend-time-alone-than-immature-assholes/%22%20%5Ct%20%22_blank)****. – Esther in the Kings court alone****

Someone once said that a woman who knows what she brings to the table is not afraid to eat alone. Alpha females are not begging for anyone’s attention. They know how to be happy and wholesome in their own company. However, they will welcome love with open arms, as long as they feel it is genuine and pure.

### ****5. Strong women**** [have boundaries](https://iheartintelligence.com/setting-healthy-boundaries/%22%20%5Ct%20%22_blank)****.****

Every strong woman is cautious about who stays in her life. She sets strictly defined limits, and whoever crosses them is no longer worthy of being a part of her circle. These women set strong boundaries, and they respect themselves too much to let anyone undermine them.

### ****6. Their wellbeing is their top priority. – Lydia – Paul, in the book of Acts. Paul invisioned a man, Lydia let him in.****

Alpha ladies invest in themselves. They take time to flourish their mental and physical health, and they constantly work on the areas they need to improve. Her growth is a strong woman’s top priority. She knows that only believing in herself is not enough – she also needs to work hard on achieving her dream goals.

### ****7. Alpha women learn from their failures.****

These highly intelligent women know that everyone makes mistakes. The important thing is how you deal with them and how prepared you are for the consequences that follow. Strong females are not afraid to fail because they know that any storm comes with a valuable life lesson. These lessons give them the wisdom to overcome any challenge that comes in their way.